

Men's Health Month

Special Trainings /Lisango sessions



Kwakha Indvodza is here to empower, educate, and transform. We specialize in gender-related **institutional trainings**, tailored specifically to address the crucial issues men face today. Our engaging sessions include impactful short presentations, interactive workshops (**half or full-day**), and open dialogues—designed to foster understanding, resilience, and positive change.



Positive Fatherhood Dialogue

Mental Health Conversations

Gender, power & Violence

Gender in the workplace

Gender, diversity & inclusion

PSEAH

Whether it's mental health, relationships, masculinity, or other challenges, our programs are customized to meet your organization's needs. Together, we can create a healthier, more supportive environment for men to thrive. Partner with us to inspire change and promote men's well-being!

Contact Us to customize your training package!

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