



# **KWAKHA INDVODZA:**

*The Male Mentoring Project*

## The 10 point plan against Gender Based Violence

**Mine** ngilijaha nome wesifazane wakusasa. **Mine** ngesekela advocate for **Kuhlonipheka, Similo lesihle ne Kuncomeka**. GKuhlukubeteka ngetebulili kuyinkinga yetfu sonkhe:bobabe nabomake kuto tonkhe tigaba, tekukhula ngeminyaka, tekufundza kanye netekusimama kutemnotfo.

**Mine ngincuma** kwenta nati tibopho letilandzelako kute ngivikele kuhlukumetana ngetebulili ngibe ngakha likusasa lelinenjabulo, kuthula, imphilo lenhle kimi nasemndeni wami.

1.Ngitawuniketa bonkhe besifazane Kuhlonipheka,Similo lesihle nesincomo lesihle.

1. To treat women with Respect, Dignity and Honour.

2.Angeke ngibente budlova kubesifazane

2. Not to commit violence against women.

3.Ngeke ngbinzde uma ngibona noma ngati ngebudlova kubesifazane.

3. Not to remain silent if I see or know about violence against women.

4.Ngitawuba sibonelo sesimilo senhlonipho emndenini wami,kubangani bami,lengisebenta nabo kanye nasemangweni.

4. To model and demonstrate respectful behaviours in my relationships with family, friends, colleagues and other community members.

5.Kwatisa nekufundzisa ummango wakitsi,sikolwa sakitsi,lisontfo,umndeni wami kanye nebangani bami ngekuba yindvodza ngendlela lengacekeli phansi besifazane.

5. To sensitize and educate my community, school, church, family and friends on how to treat women and to train other boys on how to be men in ways that don't involve degrading women.

6.Kukhulumela emtfuba lalinganako,njengoba bobabe nabomake,bafana nemantfombatana balingana phambi kweMndali.

6. To advocate for equal opportunities, as men and women, boys and girls are all equal before their creator.
7. Kusekela nekukhutsata imikhankhaso yekutfufukisa besifazane, ngiphindze ngesekele kufundziseka kwemimango ngemalungelo eluntfu kute bantfu batewukhalipha ngekwati emalungelo abo nemalungelo alabanye bantfu.
7. To support and encourage women's empowerment campaigns and advocate for the education of communities on Human Rights so that people can be empowered and know their rights as well as those of others.
8. Kukhulumela imitsetfo lemaketha imphilo lesezingeni lelivumelekile emkhatsini wabo babe nabo make.
8. To advocate for laws which promote equality between men and women.  
Kwetsembeka ngiphindze ngibe ngulonakekelako ngiseyindvodza lesakhula.
9. To be honest and responsible young men.
10. Kutimela, ngivikele konkhe kuyengeka eluntfwini lokungukona kuvama kutfufukisa indlela lengasiyo yebudvodza.
10. To be ourselves, avoiding all pressures of society that may promote violent versions of masculinity.